

GreenX7 facilitator

Liz
Horne



My Why

There is something that happens to us when we step outside the four walls that define our home, work or school environment. I am passionate about helping people to be their best selves - sometimes all it takes is to slow down and realise the potential that already exists within. Being in the outdoors provides a perfect catalyst to explore what we can achieve as individuals and communities. GreenX7 provides a wonderful framework to bring this growth into our everyday life.

Background History

I have dedicated the last 30 plus years of my professional life to providing opportunities for people to learn and recreate, using the outdoors as a medium. During this time, I have been responsible for: the selection, training and development of up to 250 staff; the design, implementation and evaluation of curriculum and programs in the outdoors for school groups, families, sport and corporate groups; held a variety of senior leadership positions in the outdoor sector in Australia and the US. I am an educator, collaborator, explorer, outdoor enthusiast, community builder and a mum.

Skill set

Education
Workshops
Consulting

Favourite Elements

Connection
Environment
Universal

Green Exercise

Bushwalking
Canoeing
Exploring with family
Gardening

Quote

“Take the wonders of nature, the power of human spirit and a little bit of your inner-child for a walk – the potential is endless.”